

2011 Canadian Junior Weightlifting Championships (CCJR-2011)

January 22, 2011

Regina, SK

1. Organized by: The Saskatchewan Weightlifting Association
Contact: Claudia Moe at claudiamoe2@gmail.com
Web Site: www.saskweights.ca
 - a. Sanctioned by Canadian Weightlifting Federation Halterophile Canadienne (CWFHC)
 - b. Competition venue: Regina Inn
1975 Broad Street, Regina SK, S4P 1Y2

Competition site:	Wascana A
Warm-up room:	Wascana B
Officials lounge:	Qu'Appelle Room
Banquet:	Cypress Room
Secretariat of competition:	TBD
Doping Control Room:	TBD

2. Events:

- a. Women: 48, 53, 58, 63, 69, 75, 75+ kg
- b. Men: 56, 62, 69, 77, 85, 94, 105, 105+kg

3. Participation:

- a. Eligibility: (rule adopted at the 2006 CWFCH AGM)
 - i. An athlete participating in a national competition must be:
 - a. duly affiliated member of his/her PT weightlifting association;
 - b. member in good standing (not currently being sanctioned) with his/her P/T weightlifting association;
 - c. A Canadian Citizen of Canada OR possesses the permanent resident status of Canada.
 - ii. The coaches registered to national championships (Jr. or Sr.) by the P/T weightlifting association must be level #2 certified from the NCCP
 - iii. The coaches, team leader and referees registered to national championships (Jr. or Sr.) by the P/T weightlifting association must be:
 - a. Duly affiliated member of his/her P/T weightlifting association;
 - b. Member in good standing (not currently being sanctioned) with his/her P/T weightlifting association.
 - iv. The question regarding eligibility must be addressed at the Technical meeting. If requested, we encourage the Team Leader(s) to be prepared to present copies of Permanent Residence status of the athlete(s). After the Technical meeting, the eligibility of the athlete(s) cannot be challenged.

Open to all qualified athletes nominated by their respective provincial associations.

Qualified athletes must achieve their performance in a competition subject to doping control.

- v. Each provincial team will be made up of a maximum of six males and four females.
 - vi. A maximum of two athletes per weight category may represent their province.
 - vii. All athletes must have birth dates on or before December 31, 1991 to compete at this event.
4. Entries: Only the CWFCH Provincial directors received the Entry Form.
- a. Preliminary Team Entry Forms must be received by organizing committee not later than December 23, 2010.
 - b. Final Team Entry Forms must be received by the organizing committee not later than January 5, 2011.
 - c. A single cheque to cover entry fees must accompany the final team entry form on January 5, 2010.
5. Competition Rules and Regulations
- a. The latest IWF Technical Rules (IWF Handbook 2009-2012) will govern the competition:
 - i. Reminder: P. 84 Article # 5.3.12 (will be updated with 2009-2012 available) "A competitor who fails to make body weight of the category, in which he or she is officially entered, is excluded from the actual competitions".
6. Equipment:
- a. Competition: Eleiko – certified
 - b. Warm-up: Eleiko
 - c. Scales: Electronic
7. Medical:
- a. Doping control will be conducted by the Canadian Centre for Ethics in Sport (CCES).
 - b. Doping control location: TBD
 - c. Physiotherapists will be on duty on Saturday for first aid
8. Awards:
- a. Gold, Silver and Bronze will be awarded for the "Snatch", "Clean and Jerk", and "Total", in each weight category
9. Accommodations:
- a. The rooms will be held at the Regina Inn at the quoted price until December 22, 2010. The participant or Team Leader is responsible for contacting the described hotels and making their own arrangements.
 - b. Regina Inn: 1975 Broad Street Regina SK, S4P 1Y2
 - i. Phone: (306) 525-6767
 - ii. www.reginainn.com

- iii. Room rates: Regular Style:
 - a. (1 or 2 beds) - \$129 + taxes (5% GST, 5% PST) = \$141.90
 - b. Room rates are for one to four person occupancy.
 - c. Other rooms are available at higher rates – see website or contact hotel for details

- 10. Transportation for team members (athletes, coaches, manager and referees)
 - a. Ground transportation will be provided to and from the Regina International Airport. Flight information must be provided with Entry Forms so that the organizing committee can prepare the schedule with volunteer drivers.

If the information is not provided with the final team entry form, transportation will not be provided.

- 11. Financial Conditions (adopted CWFCH –AGM 2008 for 2009-2012 cycle)
 - a. Entry Fee: \$90 for all athletes, coaches and team leaders
 - b. \$45: referees and officials
 - c. Team leaders are responsible for the collection of all fees from their participants
 - d. Team leaders must send one cheque only in payment of all Entry Fees, plus all entry forms.
 - i. Please make cheque payable to:
Saskatchewan Weightlifting Association
#2 Thompson Ave, PO Box 781
Humboldt, SK S0K 2A0
 - e. Booking and payment for the hotel accommodations must be arranged directly with the hotel.
 - f. Extra banquet tickets: \$35

- 12. Financial responsibilities: Organizing committee
 - a. Offer the participants a discounted rate at the hotel to be guaranteed until the date stated in this regulation, access to the competition, participation in official meetings, training, closing banquet and other usual technical services for all participants.
 - b. Provides, free of charge, the technical organization at all facilities for the competitions for the 2010 Canadian Championships, as required by the relevant CWFCH rules.

- 13. Financial responsibilities – Provincial association
 - a. Collect from their participants and pay to the Organizing Committee, the designated fees for each participant.
 - b. Pay for their own accommodation, according to conditions stipulated in the accommodation information provided for the Canadian Championships
 - c. Provincial Associations participating in the 2010 Canadian Championships do so at their own risk. The Provincial Association must undertake the full moral and financial responsibility for their members participating, regarding their health and in the case of accidents or damages.
 - d. Select a Team Leader (who accompanies the team) or a Team Coordinator (who does not accompany the team) and notify the Organizing Committee).

14. Accreditation

- a. Accreditation will take place at the venue

15. Officiating:

- a. Duties of the Host Province – appoint a Competition Secretary and appropriate assistants to ensure the proper operation of the competition including verifying the final nomination of athletes to categories at the Technical Meeting.
- b. Duties of the participating Provincial Association – shall, via all Entry Forms, submit the names (maximum 2) or their National level or higher referees that want to officiate at the Championships by December 23, 2010 (four weeks prior to the competition). The mailing address is required for communication of the referee's schedule for the competition.

If any such referees desire to sit for promotion, please indicate on the Preliminary their selected officials.

- c. Duties of the CWFHC – the Executive of the CWFHC shall act as final court of appeal in the case of the CWFHC Technical Delegate, not being able to settle a technical dispute (if Technical Delegate is unsure of the rule, or unable to render a decision).

16. Schedules & Deadlines

May 2010	Distribution of qualifying period
December 22, 2010	Last day of booking rooms at the preferred rates
December 23, 2010	Preliminary list of entries sent to the Organizing Committee for athletes, coaches, team leaders and referees